Welcome to another awesome week at Broken Hill Public School. Congratulations to our student leadership teams who were inducted last Friday. We look forward to thoughts, ideas and actions you will bring to our school over the year.

**BHPS Swimming Carnival**

The Sport House Captains will have their first opportunity to lead their houses’ at this week’s swimming carnival. We are looking forward to lots of cheering and colour from our two sports houses. We are also looking forward to parents/family members taking on the staff and students in the traditional end of carnival relay challenge. It would be great to have one or more parent teams to take up the challenge. If you are interested, please see Mr Perkins at the carnival on Friday.

Also as part of our carnival we will be doing our part for the YMCA Swim-a-thon. During the day we will be conducting a swim/walk through of the 25m pool. The SRC will donate money for each lap the children can swim or walk in 10 minutes. The money raised will go to the YMCA to help support Australians with disabilities learn how to swim and access the water safely.

**Meet, Greet and Eat**

Thanks to our P&C who will kindly put on a BBQ Breakfast as a Meet & Greet of the Central staff and the P&C.

We all hope you can spare some time between 8.00am and 9.00am on Friday 26th February to join us for brekky and say g’day.

**Happy 130th Birthday Central**

This year we will be celebrating Broken Hill Public School/Central turning 130 years old. We would like to invite past and present members of the school community to an informal gathering to be held next **Monday, 22nd February, 2016 commencing at 7.00pm** in the school meeting room. We would like to see as many as possible come along and have input into some ideas of activities to help celebrate such a large milestone in our school’s history.
Term Planner
The term planner is attached to this newsletter and highlights important dates and events in the school. Please place this in a prominent place to keep you informed. Other things may ‘crop up’ during the term that are not on the planner but notes will be sent out with any relevant information.

2016 Information Form
We have introduced a new Long Term Permission form that has been sent home. You will only need to complete one form per family. This new form will assist in fewer notes needing to be sent home during the year. If you haven’t done so yet, please complete this form and return it to the admin office. If you have any queries please do not hesitate to call in and see the ladies at the admin office.

Scripture
Scripture will be commencing for all K-6 students on Friday, 26th February, 2016. All students are required to attend scripture, unless the school is notified in writing that you do not wish your child to attend.

NOTES SENT HOME IN THE 2 WEEKS

<table>
<thead>
<tr>
<th>NOTES</th>
<th>WHO’S INVOLVED</th>
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<tbody>
<tr>
<td>Welcome to 1/2W letter</td>
<td>1/2W students</td>
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<tr>
<td>Stage 3 Buddy note</td>
<td>KJ students</td>
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<tr>
<td>BHPS Swimming Carnival note</td>
<td>All students</td>
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<tr>
<td>Swimming Carnival Subway lunch order notes</td>
<td>All students</td>
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</tbody>
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WEEKLY CLASS AWARDS TERM 1 WEEK 3

KJ – Cameron Ferguson, Ayden Riddington
1/2W – Harrison Smith, Bonnie Perkins
1/2F – Lacey Campbell, Noah Thompson
3/4T – Bella Lund-Page, Ashlin Keenan-Staker
3/4Z – Edren Burrows, Declan Carter
4/5P – Ashlee Fairholm, Koda Johns
5/6HH – Elysia Hammond, Logan Haylett
5/6D – Paige Jessett, Mitchell Gimbert

CLASS OF THE WEEK – 4/5P

2016 SEMESTER 1 SRC REPRESENTATIVES

1/2W – Isabell Coffey, Thomas Williams
1/2F – Crawford Hinton-Neal, Emma Johnson
3/4T – Trae Hammond, Bella Lund-Page
3/4Z – Eli Chestnut, Edren Burrows
4/5P – Brock Ray, Jasmine Butcher
5/6HH – Michael Robins, Shanae Standley
5/6D – Kynan Johnson, Mackenzie Tonkin

Congratulations
SCHOOL & COMMUNITY NEWS

**Canteen Will Be Closed on Friday, 19th February, 2016 Due To Our Swimming Carnival**

**Book Club**
due back by Thursday, 18th February, 2016

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**Celtic United Soccer Club**

Would like to invite valued current players and new players to the Broken Hill Soccer Association 2016 season. Celtic United are holding our registration day on Saturday 5th March 2016 12.30 pm to 3.00pm Mulga Hill Tavern (Corner of Oxide St & William St) Celtic United offer teams for juniors aged from U6 to U17 Senior Teams for Men A & B Grades, Women A Grade

**Contact Details**
You can find us on Facebook: https://www.facebook.com/groups/1603893689863784/
Broken Hill Celtic United SC
Junior Vice president: 0448 756 012
Senior President: 0499 321 863

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**Canteen Lunch Special**
Pasta salad with mini muffin and bottle of water $5.00 Available for lunch

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**Broken Hill PCYC**
KidzCare offers After School Care!! (3.00pm to 6.00pm)
For children aged 5 - 12 (must be at school)

PCYC Broken Hill Kidzcare offers a range of structured and free play, homework time, social, sports, arts and craft activities that vary daily. Afternoon tea provided, bus collection from local schools included.

PCYC Broken Hill, 58 Gypsum Street, Broken Hill, NSW 2880
Phone the Club on: 8087 3723

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**KidzCare After School Care**
Casual & Permanent Bookings available
Rate is $22 per day, per child
Less if you receive the Child Care Benefit (CCB) and/or Child Care Rebate (CCR)!!

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FREE BUS PICK UP FROM SCHOOL
Teasing V Bullying

When speaking with parents when I present at schools, or engaging with them via our social media, bullying is always a hot topic. A recent Facebook post had one of our biggest engagement rates ever. It begged the question: “What is bullying? Do we mix it up with teasing and other forms of mean behaviour?”

It’s an important topic that needs clarification.

Bullying is a term that’s wrapped in emotion. For many people it’s associated with bad childhood memories. It’s been estimated that around 40 per cent of people have experienced bullying in the past. It’s something that we don’t want to happen to our kids.

But I fear it’s being overused at the moment and confused with teasing and rudeness.

Rudeness refers to thoughtless behaviours and thoughtless words. Kids often do rude things to each other without thinking their actions through. Examples include breaking wind in a child’s direction; joking about the colour of a child’s hair in front of others, failing to share possessions and neglecting to acknowledge someone. Rudeness is usually about selfishness and thoughtlessness. Taken on their own many rude behaviours can be seen as an element of bullying but when looked at in context they are more about thoughtlessness, lack of consideration and poor manners rather than a deliberate attempt to hurt someone.

Teasing refers to annoying, hurtful behaviour that is used to get a reaction from someone else. Teasing can be persistent in nature, but not always. It’s generally an attempt to get under a person’s skin. It can involve name-calling; it can be personal and hurtful in nature. It can also infringe on another person’s rights. But generally teasing doesn’t have the key ingredients that make up bullying.

Bullying is the selective, uninvited, repetitive oppression of one person or group by another. It involves three elements — intent to hurt or harm; power imbalance; and repetition over time. It takes many forms and guises including physical aggression; verbal abuse; emotional aggression (or blackmail); intimidation; harassment and exclusion.

The new cyber-dimension to bullying has moved the goalpost for many kids. In the past children and young people could escape bullying behaviours by being at home. Cyber-bullying means that children can’t escape bullies like they once could.

Why the distinction? I hear the term bullying misused a great deal in the media and when talking with parents. We run the risk of “The Boy Who Cried Wolf” Syndrome where we become so desensitised to the term that we (or teachers) ignore it when children really are the victims of bullying. We also run the risk of failing to skill our kids up to manage rudeness and teasing if we categorise every awful behaviour that kids experience as bullying.

Our ability to be discerning about bullying is as important as the action we take when we are sure that our child is on the receiving end of bullying behaviour. These actions include dealing with feelings; providing emotional coping skills; getting others involved; building up a child’s support network; and building self-confidence that can take a battering.

Bullying needs to be taken seriously, but we also need to be discerning about bullying behaviours.

Michael Grose

Want more ideas to help you raise confident kids and resilient young people? Subscribe to Happy Kids newsletter, my FREE weekly email parenting guide at parentingideas.com.au. You'll be so glad you did.

parentingideas.com.au